



VANA BELLE  
RESORT  
KOH SAMUI

MARRIOTT  
BONVOY

## EPICUREAN MOMENTS AT VANA BELLE, A LUXURY COLLECTION RESORT, KOH SAMUI

TIME	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00 - 9:00	Sunrise yoga class by Yoga Instructor Cost THB 1,000++/person (minimum 2 persons)**	Comp Sunrise yoga class by Yoga Instructor (minimum 2 persons)	Sunrise yoga class by Yoga Instructor Cost THB 1,000++/person (minimum 2 persons)**	Sunrise yoga class by Yoga Instructor Cost THB 1,000++/person (minimum 2 persons)**	Comp Sunrise yoga class by Yoga Instructor (minimum 2 persons)	Pilates (beginner class) at Secret Pond	Crossfit Workout at Fitness center
10:00 - 11:00	Body Stretching at Secret Pond	Thai Boxing at Secret Pond	Elastic Stretching at Secret Pond	Beach Cleaning Challenge	Body Stretching at Secret Pond	Thai Chi at Secret Pond	Thai Boxing at Secret Pond
11:00 - 12:00 <i>Kid Activities</i>	Lego - Meet us at Pool Bar	Kid Yoga - Meet us at Pool Bar	Body Art Painting Meet us at Pool Bar	Memorable Card- Meet us at Pool Bar	Cookie Decoration - Meet us at Kiree	Bingo game - Meet us at the Pool Bar	Balloon Art - Meet us at the Pool Bar
14:00 - 15:00 <i>Kid Activities</i>	Cupcake decoration - Meet us at Kiree Terrace	Smoothies Time - Meet us at Pool bar	Shortbread cookies making - Meet us at Kiree Terrace	Chocolate dipped fruits - Meet us at Pool Bar	Play Doh Making - Meet us at the Kiree Terrace	Mock tail class - Meet us at Pool Bar	Tamago sushi class - Meet us at Kiree Terrace
15:00 - 15:30 <i>Daily Epicurean Moment</i>	Thai Tasting - Som Tum at Kiree	Cocktail Class-How to make Golden Storm (Signature Cocktail) at Pool Bar	Thai Tasting - Bua Loy Phuek at Kiree	Wine Tasting at Kiree's Private Room	Thai Tasting - Kua Kling Moo at Kiree	Rum Experience - Thai Rum tasting at Kiree's Private Room	Cooking Show - Wai Kua Kati at Kiree
15:30 - 16:00			Mini Reflexology by coconut shell at Secret Pond	<b>Weekly Epicurean Moment</b> Home grown mushroom menu	Thai Traditional Krathong Making Class at Khong Kwan Lounge		Home Care Treatment Class DIY scrub

IMMERSE IN WOR LD OF VANA BELLE EMPYREAN HIMMAPHAN TOUR EVERY TUESDAY AT 08:00-08:30 HRS.

**\*\*This price is for the beginner level only. If the guest prefers a professional instructor, an additional charge will apply based on outsourced pricing.**

### DISCOVER AND PARTICIPATE - SANG KHA TAN

Authentic Monk Food Offering  
(Advance booking required)

Every Thursday at 09:30 - 10:00 hrs.



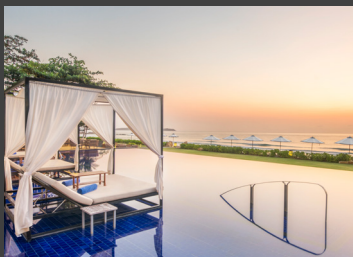
### DISCOVER AND PARTICIPATE THAI COOKING CLASS

Enjoy and experience Thai authentic dish with our Thai chef.

Our cooking class introduces you to genuine Thai cooking techniques  
(Advance booking required)

Everyday at 15:00 - 16:30 hrs.

Price: Starts from THB 900++ per person



### LOOKING FOR A RELAXING EVENING?

Unwind with a Cocktail

By our infinity edge pool at the Pool Bar

Everyday at 11:00 - 20:00 hrs.



### HAPPY HOUR

At Pool Bar

Everyday at 17:00 - 18:30 hrs.



### KIREE IS BACK

Open daily 6:00 p.m. - 10:00 p.m.

Experiencing local sourced ingredients, cooking with modern and tradition cooking techniques. Explore Chef's Gastronomic Cuisine Tasting Menu only at Kiree!  
Should you need any further assistance, please do not hesitate to contact me.





### JIB NAM CHA - AFTERNOON TEA

Available Daily at 12:00-16:00 hrs.  
1,200++ per couple

Include with 2 glasses of Sparkling Wine  
for THB1900++ per couple



### YOGA CLASS

(Advance booking required)  
Every Monday, Wednesday & Thursday  
at 08:00-09:00 hrs. THB 1,000++/person  
Every Tuesday & Friday 08:00-09:00 hrs.  
Free of Charge for Sunrise Yoga Class  
(minimum 2 persons)



### THAI KICK - BOXING CLASS

(Advance booking required)

Every Tuesday and Sunday  
at 10:00 - 11:00 hrs.



### UNWIND AND RELAX AT VANA SPA

SIAM BORAN - SIGNATURE TOUCH  
THB 5,700++ per person

Rejuvenate with 120 minutes treatment of Traditional Thai Foot Ritual - Traditional Thai Body Scrub - Massage combination Thai,  
Oil and Herbal Compress - Traditional Thai Facial

Operating Hours: 10.00 - 20.00 hrs.



### ROMANTIC DINNER BY THE BEACH

Enhance your dining experience with our romantic dinner on the beach  
and indulge in an exquisite 5-course set dinner in the comfort of your  
private space including a cocktail or sparkling wine per person while  
listening to the symphony of the ocean under the dazzling starlight.

Time: 18:30 - 22:00 hrs.

Price: THB 11,900++ per couple

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